

## Wahnapitae First Nation

## **Community Newsletter**

### Inside this issue:

### April 2022

#### **P3: Easter Office Hours**



Please note the modified hours for WFN due to the Easter holiday.

#### P6: Lands in the Field



WFN's Lands staff were busy with site visits and water sampling.

#### P9: Toboggan Times



A generous donation of toboggans made the March Break brighter.

#### P15-17: Member Events



Check out the many events being hosted for WFN members during the month of April.



### A Message to Members



As the seasons change and the warm sun brings its gifts, we must take care to prepare ourselves for the new day. While this means that the maple sap has begun to flow in the sugarbush, the warmer weather also causes the ice to melt on the lake, so please use extreme caution if venturing out.

With the spring thaw comes renewed and reenergized outdoor work by WFN and contractor crews alike. With riprap being set up along our shoreline to protect against erosion, there will be heavier than normal truck traffic in the area. Please make sure to be patient and leave space for them as needed.

I'd also like to take a moment to remind everyone that even though the province has loosened restrictions regarding COVID, we must still be vigilant in keeping ourselves safe. Those who are immunocompromised and high risk are still vulnerable and can be seriously affected by COVID.

Be sure to keep others in mind when making decisions, and as always, follow the guidelines of Public Health Sudbury & Districts. It's only by being mindful of one another that we can get through this together.

Miigwetch,

Chief Larry Roque

## **COVID-19 UPDATES**

**COVID-19** (as of April 4, 2022

### Sudbury District:

**Total Tests:** 412 767 **Confirmed Cases:** 13 134 **Resolved:** 12 784 **Deaths:** 128 **Fully vaxxed**: 196 071

#### <u>Ontario:</u>

Total Tests: 23,568,695 Total Cases: 1,172,438 Resolved: 1,135,365 Deaths: 12,470 Hospitalized: 857 In ICU: 168 Fully vaxxed: 12,125,870

<u>Canada:</u>

Total Tests: 59,514,935 Total Cases: 3,498,713 Active Cases: 116,513 Recovered: 3,295,799 Deaths: 37,690

Fully vaxxed: 31,086,574

For up-to-date figures, be sure to check: Sudbury: **tinyurl.com/phsddata** 

Ontario: covid-19.ontario.ca/data

Canada: tinvurl.com/canadacvd19

The Wahnapitae First Nation Community Newsletter is published the 1st Wednesday of every month.

Wahnapitae First Nation 259 Taighwenini Trail Road Capreol, Ontario | POM 1H0

Phone: (705) 858-0610 Fax: (705) 858-5570

### **Updates for COVID-19 Mandates**

As of March 21, 2022, Ontario has lifted the face mask/covering mandates in certain establishments.

However, at Wahnapitae First Nation (WFN), all employees, staff members, contractors, visitors and volunteers will need to comply with all public health and safety measures as dictated by Public Health Sudbury & Districts.

Individuals are expected to continue to comply with any prevention measures and directives as outlined by the public health unit going forward.

In particular, and out of respect for the safety of the clients of WFN's Norman Recollet Health Centre, visitors are being asked to continue to practice social distancing and wearing face masks and face coverings while in the building.

Your understanding and patience is appreciated.

Details regarding the changes to public health and workplace safety measures in effect as of March 21, 2022 are as below:

General masking requirements will be lifted; however, masking will still be required in certain indoor settings, including:

- public transit, including indoor areas and vehicles. This does not include businesses or organizations that provide sightseeing or touring services
- health care settings including:
  - Hospitals, psychiatric facilities, doctors' offices, immunization clinics, laboratories, specimen collection centres
- home and community care provider locations only if you are an employee or contractor
- shelters and other congregate care settings that provide care and services to medically and socially vulnerable individuals.

### Stay Connected, Stay Safe

or the most up-to-date information and updates about Wahnapitae First Nation, including safety measures, check us out online as below:

WEBSITE: www.wahnapitaefirstnation.com

MAIN PAGE: www.fb.me/wahnapitaefirstnation

YOUTH PAGE: www.fb.me/WFNYouthPage

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## **COMMUNITY NOTICES**



Wahnapitae First Nation offices will be closed April 14 to 18, 2022.

Regular office hours resume Tuesday, April 19, 2022.

## HEALTH UPDATE



Norman Recollet Health Centre

## Nurse Practitioner Hours

Tuesdays9 A.M. - 4 P.M.Wednesdays9 A.M. - 4 P.M.Thursdays9 A.M. - 4 P.M.

Call 705-858-7700 to book your next appointment.

## HEALTH UPDATE

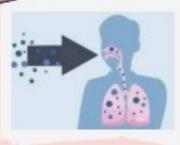
## QUICK FACT SHEET ON Blastomycosis

Be Safe On the Land

### WHAT IS IT?

An infection caused by the fungus Blastomyces Dermatitidis. This fungus lives in moist soil, decaying wood and leaves.





### HOW DO YOU GET IT?

When soil or decaying leaves are disturbed, the fungi become airborne. They are then inhaled and travel to the lungs. In the lungs, the fungi cause infection and may travel to other parts of the body.

### Common Symptoms

- Dry Cough
- Chest Pain Sometimes
- Pneumonia
- Fever
- Weight Loss
- Shortness of Breath
- Joint Pain
- Unusual Skin Sores
- Body aches

### TREATMENT

Please see a doctor as soon as possible if you have any symptoms of blastomycosis.

It is not transmitted from person to person and can be treated with medication.

## Prevention

Tell your doctor if you have pneumonia and may have been exposed to fungi.

## LANDS UPDATE

### In the Field With the WFN Lands Department



Wahnapitae First Nation representatives visited the KGHM Podolsky Mine in March in order to review operations and provide updates to staff and Council alike.

From left to right: Mathieu Cayen, Lead GIS and Mapping Technician, Wahnapitae First Nation; Wahnapitae First Nation Chief Larry Roque; Glen Bateman, Natural Resources Development Coordinator, Wahnapitae First Nation; Bill Boivin Podolsky Mine Superintendent; and Councillor Craig Tyson. Not pictured: Sara Lehman, Environmental Coordinator, Wahnapitae First Nation.



Water sampling on Post Creek included some exciting guest appearances: some tadpoles and a fine scaled dace were found while drilling holes in the ice.

## ECONOMIC DEVELOPMENT UPDATE

### Be a Business Owner With Your Summer Company

### By Austin Armstrong WFN Projects and Funding Officer

Are you student interested in running your own business?

If you're between 15 and 29 years old and attending school and returning in the fall, you may be eligible for the Summer Company Program.

Provided through the Ontario Government, the Summer Company Program offers an opportunity for young entrepreneurs to operate and run a business full-time during the summer.

The program provides \$3,000 and a oneon-one mentor to assist you with starting up and running your business.

The deadline to apply is May 31, 2022. A decision will be made on your application within 15 business days.

Over the length of the summer program, applicants must be prepared to commit a set number of hours to running their business. High school students are expected to operate it for a minimum of 280 hours, while post-secondary students are expected to put in a minimum of 420 hours.

To apply, contact your local Small Business Enterprise Centre to get your application.

Unsure of where the nearest Small Business Enterprise Centre might be? Visit the Ontario Government site at the following link to find the closest one:



https://www.ontario.ca/page/smallbusiness-enterprise-centre-locations

Applicants will need to provide a completed business plan to go with their application. In other words, do not delay if this program interests you.

If you are having problems completing your application or have any questions about the program the Small Business Enterprise Centre should be your first point of contact.

However, the WFN Economic Development Department is happy to help if you require more assistance. Please contact us at (705) 858-0610 and we'd be happy to help walk you through the process.

You can also find more information on the Ontario Government website at the following link:

https://www.ontario.ca/page/startsummer-company-students#section-5

## **COMMUNITY WELLNESS**

### **Miigwetch for Toboggan Donations**

## *By Natalie Goring, HBHC Worker, and Sierra Larocque, Child & Youth Worker*

We would like to thank Gezhtoojig Employment & Training and Shkagamik-Kwe Health Centre for the donation of toboggans.

The children and our families truly enjoyed them during our March Break Sliding event.

We would also like to thank Megan MacDonald for arranging and picking them up for us.



Chi-Miigwetch!



## **COMMUNITY WELLNESS**



MOLLY BOUCHER IS A WFN MEMBER AND FIREFIGHTER WHO IS ONE YEAR SMOKE FREE!



# CONGRATULATIONS TONY

The NRHC hosted a Screening for Cancer event where many attendees told their success stories. Tony Tyson won a gift basket from Smiths - Healthy Living - Healthy Eating.

Stay tuned for more sessions from the NRHC.





## **COMMUNITY PARTNERS**

## Kweji-kinoomaagzidaa! "Let's Learn"

ANISHINAABE SONGS AND WAYS OF KNOWING WITH NEIL MONAGUE FROM BEAUSOLEIL FIRST NATION

Bi-psindwaadaa a Neil Monague megwaa gkinoomwinang Anishnaabe Aadziwin minwaa Anishnaabe Ngamowin dash

Let's come and listen to Neil Monague while he teaches us about Anishinaabe ways of Knowing and Anishinaabe singing

## DATE: APRIL 8, 2022 TIME: 9:30 AM TO 11:00 AM

ALL WELCOME! THIS IS A FREE AND VIRTUAL EVENT.



REGISTER BY SCANNING THE QR CODE TO THE LEFT OR USING THE LINK BELOW

HTTPS://ZOOM.US/MEETING/REGISTER/TJEV DU2RQZ8UG9DKBKUO8IXWXDX0J2BN2SNV

## **COMMUNITY PARTNERS**

Hey parents: check out the latest newsletter from Anishinabek <u>Education Sy</u>stem! Visit their website at https://aes-keb.com/



WFN Environmental Working Group wants you to know there is a special insert with this newsletter.

Learn more about how Glencore Sudbury INO and WFN are working together to safeguard our lands.



## **COMMUNITY UPDATES**

If you're not receiving monthly communications from us, your address may not be up to date in our system.

## WE NEED YOUR CONTACT INFO

### CALL OR EMAIL TO LET US KNOW

- leila.roque@wahnapitaefn.com
  - 705-858-0610

## INTRODUCTION TO BEADING & MOCCASINS SERIES

Teachings by Julia Pegahmagabow

### Workshops:

5:30 PM to 8:30 PM Maan Doosh Gamig Wednesday, April 13

## This is only for those who have already started this workshop.

Light refreshments provided For questions, please contact Tammy Chevrette via email at <u>tammy.chevrette@wahnapitaefn.com</u> or by phone at 705-920-9488.



## **COMMUNITY UPDATES**



# Chief and Council Regular Meeting

## Wednesday, April 20, 2022 6 P.M. In-person and via Zoom

Members wishing to attend via Zoom must register at: wahnapitaefn.tiny.us/3anpfyek

The deadline to register for the web version is April 12. No registration is required for those wishing to attend in person.

Registration only open to WFN members, who must also be over the age of 18. Virtual attendees must use their real names when signing in.

## **COMMUNITY REMINDER**

# Don't SPPINQ into

your yard/garden clean-up too soon... Wait until the temperature has been at least 10°C or more for at least a week. This year's pollinators (bees, butterflies...) are still sleeping in your plant stems, under leaves, and in cozy spaces throughout your yard.

Please let them

BFF

## **COMMUNITY EVENTS**



Ribbon Skirt Workshops

with teachings by Vera Coulombe

for ages 16+

When:

Sundays April 24, 2022 May 1, 2022 Where: Maan Doosh Gamig

> Session Time: 11am - 5 pm

Light lunch will be provided

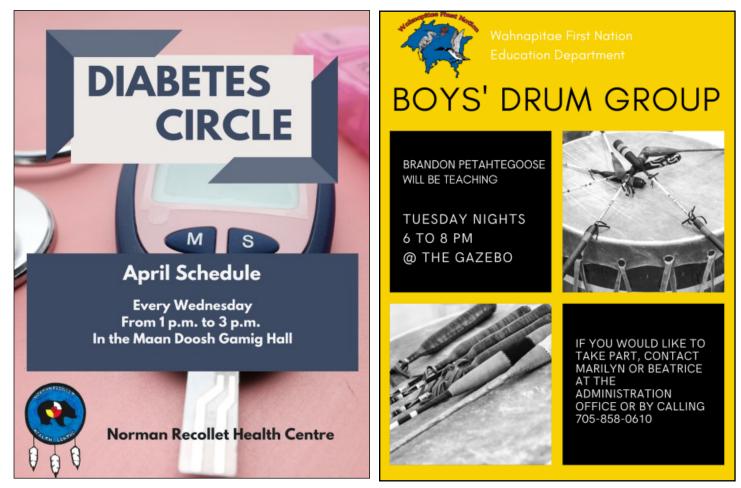
Please contact F.W.B Tammy Chevrette @ 705-920-9488 or <u>tammy.chevrette@wahnapitaefn.com</u>

## **COMMUNITY EVENTS**



## HEALTHY RECIPE OF THE MONTH TUESDAY, APRIL 19, 4 P.M. - 6 P.M.

PICK-UP: 259 TAIGHWENINI TRAIL RD BRING YOUR OWN BAGS!



## **COMMUNITY EVENTS**





TUESDAYS Call by 11 P.M. | Pick up by 12 P.M. Call Heather to place order: (705)858-7700

## **NUTRITION BINGO**



DELIVERY APRIL 7, BETWEEN 5 P.M. - 6 P.M.

To Join CALL WENDY OR HEATHER FOR MEAL DELIVERY: (705) 858-7700



Call Wendy or Heather to reserve your spot: (705) 858-7700

Prizes are the same. Cards will be bagged for pickup. Payment due on pickup.

Thursday, April 7 & Thursday, April 21

## TINY TOTS AND EARLY YEARS ACTIVITIES



## APRIL ACTIVITIES

Tiny Tots

- Early Years
- April 5 Medicine Wheel Sensory Bins
- Medicine Wheel

Gindaaswinack & Bingo

April 26 Teething bracelet

Baby Bingo

Bracelet

Tiny Tots (0 to 3 years) 9:30 A.M. - 11:30 A.M. Early Years (4 to 6 years) 3:30 P.M. - 5:30 P.M.

## Spilt Milk Challenge

COOKIE STACKS

April 12

Blue Cheese is challenging you to stack as many cookies as you can before it falls. Send a picture of your success and you will be entered in a draw to adopt your very own cow, Betsy.

Open to all ages! RSVP by April 21st to receive your cookies.

Send your picture by April 28th to Natalie Goring, HBHC at <u>natalie.goring@wahnapitefn.com</u>

#### Tip

If you take a picture beside a glass of milk or drinking milk while stacking, you get another entry to the draw.









Boopoogami Giizis-Broken Snowshoe moon

Ziisbaakwadoke Giizis-Sugar Moon



## We are fortunate to have two moons this month!

Register by April 24 to reserve your kit by contacting Natalie Goring, HBHC Worker at <u>natalie.goring@wahnapitaefn.com</u>

Natalie will contact you when they are ready for pick up or delivery.

## ASP & YLP - APRIL 2022

## After School & Youth Leadership Program



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Cooking for Me: Simple Recipes 3:30-5:30PM	5	6 ASP & YLP Starting Our Micro- Hatchery Journey 3:30-5:30PM	7 YLP Intro to Beading with Shannon 3:30-5:30PM	B	9
OL.	11 ASP Field Trip to Urban Air Adventure Park 3:30-7:00PM	12	13 YLP Field Trip to Laser Tag & Dinner 3:30-8:00PM	14 Band Office Closed NO PROGRAM	15 Good Friday	16
17	18 Easter Monday NO PROGRAM	19	20 ASP Giving Back to Shkagamik-Kwe 3:30-5:30PM	21 YLP Giving Back to Shkagamik-Kwe 3:30-5:30PM	Earth Day	23
2.4	25 ASP Spring Olympics 2022 Day 1 Org 1 3:30-5:30PM	26	27 ASP Spring Olympics 2022 Day 2 Octoor 3:30-5:30PM	28 YLP 2-Spirited Event by Health Dept. & SACY 3:30-5:30	29	30

WFN EVENT CALENDAR - APRIL 2022

Please be sure to use this calendar as your official reminder for these events, and to help plan your month.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3	4	5 Soup's On Sue Chartrand Drum Group	6 <b>Diabetes Circle Beading</b> Workshop	7 <b>Congregate</b> <b>Dining</b> <b>Bingo</b>	1 8 Closed	2 9
10	11	12 Soup's On Sue Chartrand Drum Group	13 <b>Diabetes Circle</b>	14 <b>Closed</b>	15 <b>Closed</b>	16
17	18 Closed for Easter Monday	19 Soup's On Sue Chartrand Drum Group Recipe of the Month	20 <b>Diabetes Circle</b> Chief & Council Regular Meeting	21 <b>Bingo</b>	22 Closed	23
24 Ribbon Skirt Workshop	25	26 Soup's On Sue Chartrand Drum Group	27 <b>Diabetes Circle</b>	28	29 <b>Closed</b>	30

Sue Chartrand will be here for footcare and massages per the calendar. If interested, contact Line @ 705-858-7700 ext 218.





### The WFN Environmental Working Group (EWG) wants you to know:

**What is an ECA..?** An Environmental Compliance Approval (ECA) is a binding legal document issued to businesses by the Ontario Ministry of Environment, Conservation & Parks (MECP) that governs aspects of air emissions, noise and vibration.

**Why have an ECA..?** The Glencore Sudbury INO Smelter has complex operations, such as high-temperature roasting, calcining, sulphur dioxide capture and molten material. Sudbury INO must possess an ECA to ensure that releases to air are within allowable provincial limits.

**How is an ECA granted..?** The application process includes comprehensive site information, and a thorough review by government experts. All components of the operations that may impact air quality, including noise and vibration are considered. **What happens with an ECA..?** By law, the Smelter must demonstrate that specific conditions set out in their ECA are met. The Smelter is also subject to inspection to ensure continued performance and compliance with the conditions prescribed in the ECA.

### Did you know ..?

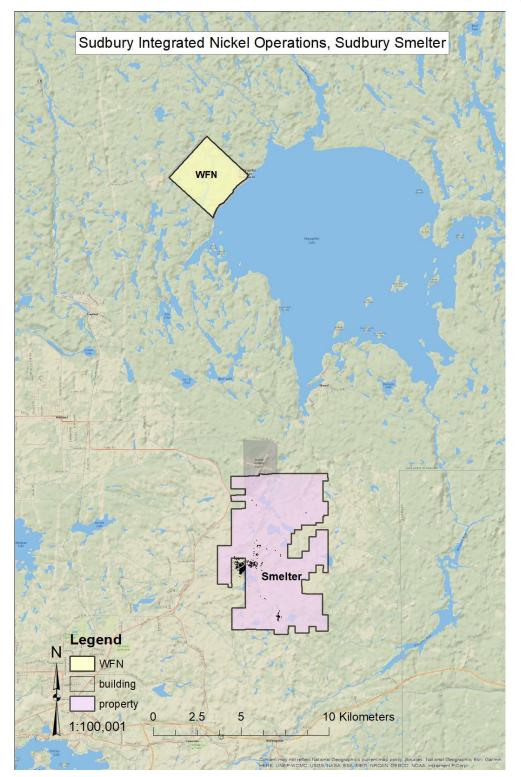
- The Glencore Sudbury INO Smelter ECA for air compliance expires on February 6, 2023.
- Sudbury INO has made application for renewal as of February 1, 2022 to meet the MECP's timeline for 1-year review ahead of the expiry.
- The application includes a review of activities undertaken for Indigenous Consultation and Notification.
- The application maintains status-quo for the facility production limit (no increases in discharges to air).
- The application includes details of all the recent improvements to process-gas and material-handling: site emissions for sulphur dioxide and particulates have shown steady decline with the implementation of the Process Gas and Particulate Emissions Projects.
- The Environmental Working Group is an on-going partnership between WFN and the Smelter that provides a bi-monthly forum to share meaningful exchange of information with respect to all Smelter and NRS activities pertaining to environmental aspects of mineral exploration, development, and temporary suspension or closure activities within WFN's Traditional Territory. The EWG is promoting the Indigenous Consultation and Notification for Sudbury INO's ECA Application.

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### SUDBURY INTEGRATED NICKEL OPERATIONS

A GLENCORE COMPANY





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