

# WAHNAPITAE FIRST NATION

September 2023 • Waabaagaa Giizis  
“Colouring Leaves Moon”



## Back to School

*Building positive youth experiences and pathways  
with your trusted Education & Health Departments* PAGES 8-9

### Also inside this issue

- GSPS & MNR 'drop' by The Gazebo
- End of Summer Carnival memories
- WFN 28th Annual Pow-Wow memories
- WFN members craft 200 lanyards for local conference
- WFN youth member competes at World Dance Competition
- Fellow WFN member sponsors youth to attend hockey camp
- Lands Dept. provides exclusive look at monarch butterflies
- Back to school readiness & support teams, events
- September Community Events Calendar
- Annual General Membership Meeting

## Community Notices

**Stay Connected** For the most up-to-date information and updates about WFN, including safety measures, sign up for email alerts:

### Wahnapiatae First Nation wants to connect with you

Members are encouraged to sign up for email alerts to stay up-to-date on what's happening in the community!

Email alerts will let members receive the newsletter digitally, provide more timely feedback on important community projects and receive links to virtual community engagement sessions.

Use the link below to sign up and stay connected!

[www.tinyurl.com/wfn-email](http://www.tinyurl.com/wfn-email)

*If you have feedback and suggestions, they are always welcome. Send questions or suggestions to Monica Dorion, Communications Officer, via email at [monica.dorion@wahnapiataefn.com](mailto:monica.dorion@wahnapiataefn.com).*



For the most up-to-date information and updates about WFN, including community events and safety measures, visit us at:



[www.WahnapiataeFirstNation.com](http://www.WahnapiataeFirstNation.com)



@WahnapiataeFirstNation  
@WFNYouthPage

Wahnapiatae First Nation  
Centre of Excellence  
259 Taighwenini Trail Road  
Capreol, Ontario P0M 1H0

Phone: (705) 858-0610  
Fax: (705) 858-5570

Monday 8:00 AM - 4:30 PM  
Tuesday 8:00 AM - 5:30 PM  
Wednesday 8:00 AM - 5:30 PM  
Thursday 8:00 AM - 5:30 PM

The Wahnapiatae First Nation Community Newsletter is published the first Wednesday of every month.



## **Attention WFN Community & Members**

The WFN Emergency Alert System will be launching on Wednesday, October 18. A test alert will be sent out to all of those who have subscribed to the system.

**If you have not yet subscribed, please visit:**

[https://cutt.ly/WFN\\_EmergencyAlertSystem\\_SignUp](https://cutt.ly/WFN_EmergencyAlertSystem_SignUp)

**When you sign up, you'll be able to choose how you receive the alerts (SMS, email, phone call).**

Sign yourself up, tell your friends and family and expect a test alert on October 18. If you have any questions or for more information, please contact Emergency Management Coordinator, Leo de Ruitter.



**Leo.Deruitter@wahnapitaefn.com**



**(705) 858-0610**

*Wahnapitae First Nation*







# HOUSING COMMITTEE VOLUNTEER CALLOUT

The Wahnapiatae First Nation Housing Committee is dedicated to improving the quality of life for all Wahnapiatae First Nation members by demonstrating respect, fairness and honesty in all decision making.

This committee will:

- Be responsible for assessing the housing needs of the community and develop strategies to address them.
- Provide guidance and advice to the housing program administration, this may involve providing information on related policies and service delivery.
- Responsible for facilitating community engagement around any housing issues this may involve organizing public meetings to gather input from community members and outreaching to ensure that diverse perspectives are represented.

## TO BECOME A COMMITTEE MEMBER, YOU MUST:

- Be a member of WFN.
- Be committed and available to participate in the housing committee meetings.
- Be at least eighteen (18) years of age.
- Be knowledgeable of community issues.
- Be able to work in a team environment.
- Be ethically and morally responsible.
- Be willing to comply with the terms of reference by signing a waiver.

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**FOR MORE INFORMATION, CONTACT TERRY**  
**705-858-0610 | HOUSINGCOORDINATOR@WAHNAPITAEFN.COM**



# LET YOUR VOICE BE HEARD

WFN IS  
DEVELOPING A  
COMMUNITY  
PLAN AND  
WANTS TO HEAR  
FROM YOU



[WWW.SURVEYMONKEY.COM/R/9F9VL6V](http://WWW.SURVEYMONKEY.COM/R/9F9VL6V)

TAKE A MOMENT TO FILL OUT  
THE SURVEY BY SCANNING THE  
QR CODE OR VISITING THE LINK



YOU COULD BE  
ENTERED TO WIN  
A \$150 GIFT CARD  
OF YOUR CHOICE!

## HOW TO USE A QR CODE:

USE THE CAMERA OR A QR SCANNER  
APP ON YOUR PHONE  
POINT IT AT THE CODE  
THEN TAP THE LINK THAT APPEARS

DEADLINE TO SUBMIT  
THE SURVEY IS  
FRIDAY, SEPT. 15, 2023



SHARED VALUE  
SOLUTIONS







WE REQUEST YOUR PRESENCE AT OUR

*Annual General*  
**MEMBERSHIP**  
*Meeting*  
— **2023** —

**23 SEPTEMBER 2023**  
**10 A.M. to 2 P.M.**  
**MAAN DOOSH GAMIG**  
*Membership ID Required*  
*lunch included*



**Wahnapitae First Nation**  
**Centre of Excellence**  
**259 Taighwenini Trail Rd.**  
**Capreol, ON**



**Chief &  
Council**  
REGULAR MEETING  

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**September 2023**



**TUESDAY, SEPTEMBER 26 AT 6:00 PM  
AT MAAN DOOSH GAMIG AND VIA ZOOM**

**Members wishing to attend via Zoom must register at:  
[bit.ly/candcseptember](https://bit.ly/candcseptember)**

- The deadline to register for the web version of this meeting is Tuesday, September 19.
- After registering, you will receive a confirmation email with information about joining the Zoom Meeting.
- Registration is only open to WFN members who are over 18. Virtual attendees must use their legal name when signing in.
- No registration is required for those wishing to attend in person.



### WFN Monarch Majesty: Tracking the Journey of Monarch Butterflies

Wednesday, August 17, 2023

The Lands and Resources staff have been tagging monarch butterflies (Memengwaa) with funds from the CIER (Centre for Indigenous Environmental Resources) grant they received this year. We collected monarch caterpillars from a milkweed patch in the community, and are caring for them in the band office. When they hatch, each butterfly gets a tag with a unique code and website written on it.



When these butterflies are found in the future, anyone can log onto the website and report where they found the butterfly. The Lands and Resources Department purchased 25 tags through Monarch Watch ([www.monarchwatch.org](http://www.monarchwatch.org)).



As of the end of August, we have tagged 13 monarch butterflies. These late summer butterflies are about to begin their winter migration down to Mexico! Each year Monarch Watch sends out over a quarter of a million tags to citizen scientists to help monitor the migration of these beautiful butterflies.



Tagged monarchs can help scientists answer questions about where these butterflies are travelling from, mortality rates and timing and pace of their journey.

If you have any questions, please feel free to email Sarah Janson; [sarah.janson@wahnapietaefn.com](mailto:sarah.janson@wahnapietaefn.com)

# News from the community



## WFN Team USA Women's World Cup Champion Abby Roque sponsors WFN youth to attend hockey camp in Sault, Michigan

Tomera and Jade (pictured above) were the lucky recipients of full scholarships to fellow WFN member Abby Roques' hockey camp over the summer, we hope they enjoyed their time and accepted all of the teachings and privileges that came along the journey. Keep up the hard work, girls!

"Abby played in the 2022 Winter Olympics in Beijing, China earning a silver medal after a 3-2 loss to Team Canada. Abby was also the first Indigenous women to play on the US Women's Olympic Hockey Team. Abby earned a silver medal in the 2021 and 2022 Women's World Championship and earned a gold medal in the 2023 Women's World Championship. Abby currently plays for the Minnesota Region of the PWHPA."

Source: [www.abbyroquehockey.com/about-abby](http://www.abbyroquehockey.com/about-abby)



Abby Roque



## Empowering Collaboration: Wahnapiitae First Nation Youth Craft 200 Lanyards for the Travel Media Association of Canada Conference

WFN members and youth assisted the City of Greater Sudbury in making an unforgettable impression on visitors to the city. 200 beaded lanyards were created by the community for a conference the City hosted in June for the Travel Media Association of Canada.



A series of workshops were facilitated by WFN staff and City of Greater Sudbury staff throughout the month to bring the community's youth and elders together for a common goal.



The lanyards were handed over to the city on June 5, 2023, along with a feast, smudging and prayer by WFN's Cultural Coordinator, Tammy Chevrette.

Our sincere gratitude to all members and youth who took part in the lanyard beading project. This experience was genuinely amazing – it not only gave us the opportunity to explore our creative potential, but it also helped to develop a sense of connection with the families that we work with. All participants were able to thoroughly

enjoy the experience thanks to the everyone's patience, encouragement, and desire to share their knowledge. Chi-miigwetch to City of Greater Sudbury staffers Leah and Allie for being able to create a welcoming and encouraging atmosphere that made everyone, especially those with minimal artistic skills, feel comfortable and empowered.



Additionally, the beading sessions provided us a reminder of the potential of art in enhancing mental health and emotional well-being, which was a benefit of participating in the activity. The thought and design of each lanyard that was created by each person was beautiful and unique.

With heartfelt thanks and warm regards to all participants and all staff who assisted with this project,

Linda Mhende-Chitohwa, Family Well-Being Worker  
Priscilla Parent, Jordan's Principle Navigator







# SAFETY CORNER

SEPTEMBER 2023

This month's feature is back to school safety! With September here -where did the summer go?! That means children and teens will be headed back to the classroom and school buses will be back on the road! Let's make sure everyone knows these helpful safety tips!



## Walking to School:

- Review your family's walking safety rules and practice walking to school with your child.
- Walk on the sidewalk - if one is available- and if not, walk facing the traffic.
- Before you cross the street, stop and look left, right and left again to see if cars are coming.
- Make eye contact with drivers before crossing and always cross streets at crosswalks or intersections.



## Taking the Bus:

- Teach your children school bus safety rules and practice with them.
- Go to the bus stop with your child to teach them the proper way to get on and off the bus.
- Teach your children to stand 6 feet (or three giant steps) away from the curb.

- If your child must cross the street in front of the bus, teach him or her to walk on the side of the road until they are 10 feet ahead of the bus; your child and the bus driver should always be able to see each other.
- Remind your children that they need to listen to the bus driver and follow all bus rules.



## For Drivers:

- Do not speed in residential areas – this includes all Wahnapiatae First Nation roads.
- Obey school zone speed limits and if dropping off your children, follow your school's specific drop-off procedures.
- Make eye contact with children who are crossing the street.
- Never pass a bus loading or unloading children.
- The area 10 feet around a school bus is the most dangerous for children; stop far enough back to allow them to safely enter and exit the bus.
- Stay alert! Do not become a distracted driver.

Wishing everyone at WFN a happy, fun and safe back-to-school!

Don't forget to register for the Children's Bike Rodeo happening on Saturday, September 23! There are so many cool prizes to be won!

Registration can be done with Natalie. Email [natalie.goring@wahnapiataefn.com](mailto:natalie.goring@wahnapiataefn.com) or call (705) 858-7700.

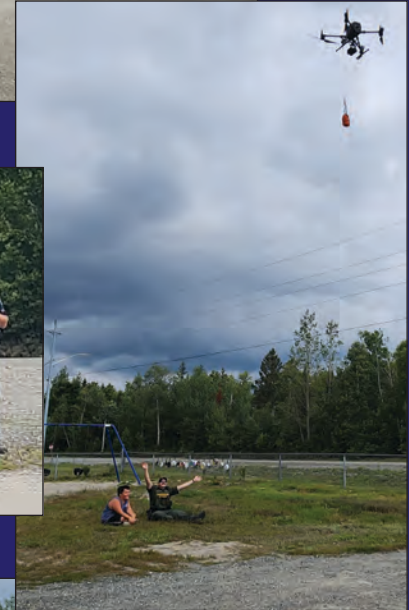
Proudly produced by the Office of Justice & Community Safety for Wahnapiatae First Nation community members.



# News from the community

## Ministry of Natural Resources & Greater Sudbury Police Drone Visit

Wednesday, August 17, 2023





# End of Summer Celebration Carnival

Saturday, August 26 2023

Chii-miigwetch to everyone who helped make the End of Summer Celebrationsuch a memorable success!





## News from the community

### Dancing, across the continents!

WFN's own Lexi Bannerman participated in the World of Dance Competition in Braga, Portugal from June 29 to July 10, 2023. The team finished 11th overall. Congratulations to Lexi and her teammates on a job well done, keep up the great work!



## A message from Chief Roque



September is upon us, so let's embrace the cooling period and colour change of Mother Earth and all of her creations with open arms. Chii-miigwetch and congratulations to all of our dedicated and proud community members on the success of our 28th Annual Traditional Pow-Wow. A special miigwetch to the volunteers, committee, and especially this years Pow-Wow Co-ordinator Tammy Chevrette and Lands Based Worker Shining Turtle. The End of Summer Celebration Carnival was also a huge success, miigwetch to our Education Department, Fire Department and especially, our volunteers Jonathan Tulloch, Emily Roque, Molly Boucher, Les Smith, and Fire Chief Tom Recollet. Through the hard work and determination of our people, the traditions of our community will continue to grow and prosper for many years to come. Transitioning from Pow-Wow memories, let's touch on those Back-to-School routines. Education is one of the most important things anyone can have, so as we step back into the world of learning and discovery, let's remember that education isn't just about textbooks and exams. It's a journey that encompasses our minds, bodies, and spirits. Let's nourish our minds with knowledge, ignite our creativity through arts and exploration, and foster compassion by understanding different perspectives. Let's feed our bodies with nutritious food, regular exercise, and ample rest, because a healthy body supports a sharp mind. And let's lift up our spirits by cultivating positive relationships, practicing mindfulness, and finding joy in every little achievement. If any families are in need of support in this or any time, keep an eye out for community events and notices. Feel free to reach -out to your WFN Education Department at (705) 858-0610; or your Norman Recollet Health Centre team, as well as the Jordan's Principle Team at (705) 858-7700.

*Ojimaá Larry Roque*

**IN EMERGENCY  
SITUATIONS, CALL  
911**

**AND SPECIFY YOUR LOCATION AS  
WAHNAPITAE FIRST NATION**

**DO NOT CALL FIRE CHIEF RECOLLET. 911 DISPATCH WILL NOTIFY ALL NECESSARY PERSONS.  
NOT CALLING 911 FIRST COULD COST OUR COMMUNITY LIVES AND BUILDINGS.**



## **Norman Recollet Health Centre Clinical Services**

190 Loonway Road

- Tuesdays: Vaccinations
- Wednesdays: Blood Work

### **Hours of Operation**

**\*Closed for lunch daily from 12:00 PM - 1:00 PM**

**Monday to Thursday: 9:00 AM - 4:00 PM**

**Fridays: CLOSED**



## WAHNAPITAE FIRST NATION EDUCATION DEPARTMENT

### EDUCATION DEPARTMENT TEAM:

Marilyn Nicholls – Education Director  
[Marilyn.Nicholls@wahnapitaefn.com](mailto:Marilyn.Nicholls@wahnapitaefn.com)

Nancy Debassige – Child & Youth Supervisor  
[Nancy.Debassige@wahnapitaefn.com](mailto:Nancy.Debassige@wahnapitaefn.com)

Betty-Kay Hill – Anishinabek Student Support  
Counsellor  
[Betty-kay.Hill@wahnapitaefn.com](mailto:Betty-kay.Hill@wahnapitaefn.com)

Marlene Roque – Child & Youth Assistant  
[Marlene.Roque@wahnapitaefn.com](mailto:Marlene.Roque@wahnapitaefn.com)

Beatrice Debassige – Post Secondary  
Counsellor & Education Assistant  
[Beatrice.Debassige@wahnapitaefn.com](mailto:Beatrice.Debassige@wahnapitaefn.com)

### EDUCATION TRANSPORTATION TEAM:

Carolyn Badger – CR Judd & St. Anne's  
Lee Ann Williams – Confederation & Bishop  
Molly Boucher – Alternative Driver/Support  
Debbie Roque – Elementary Bus Monitor

### SUPPORT & ASSISTANCE

For any school support or assistance for your child/ren please contact Betty-Kay Hill.

### TUTORING AVAILABLE

Please contact Beatrice Debassige to sign up or for more information.

### AFTER SCHOOL & YOUTH LEADERSHIP PROGRAM

Please contact Nancy Debassige or Marlene Roque to register or for more information.

### POST SECONDARY EDUCATION INFORMATION

Please contact Beatrice Debassige for any questions or information you may be looking for regarding post secondary studies.

**(705) 858-0610**

**PLEASE REACH OUT TO YOUR EDUCATION TEAM AT ANYTIME, WE ARE HERE AND READY TO HELP!**



## Wahnapitae First Nation 2023-2024 Post Secondary SCHOLARSHIP UP TO \$10K

In partnership with Sudbury Integrated Nickel Operations

### ELIGIBLE FIELDS OF STUDY:

**BUSINESS ADMINISTRATION  
ENGINEERING TECHNOLOGY  
ENGINEERING  
NURSING  
TRADES  
INSTRUMENTATION  
MAINTENANCE PLANNING  
INFORMATION TECHNOLOGY  
HEALTH & SAFETY MANAGEMENT  
HUMAN RESOURCES & PUBLIC RELATIONS  
WAREHOUSING & MATERIAL MANAGEMENT**

**DEADLINE TO APPLY: FRIDAY, SEPTEMBER 22, 2023**

For applications, please contact Education Director Marilyn Nicholls:  
[marilyn.nicholls@wahnapitaefn.com](mailto:marilyn.nicholls@wahnapitaefn.com) ☎ (705) 858-0610 ext. 209



SUDBURY  
**INTEGRATED NICKEL**  
OPERATIONS  
A GLENCORE COMPANY





# September 2023



Back to School!

## After School Program & Youth Leadership Program

PLEASE NOTE:

ALL SCHEDULED ACTIVITIES ARE SUBJECT TO CHANGE DUE TO WEATHER, OR UNFORSEEN CIRCUMSTANCES

PARENTAL RESPONSIBILITY TO HAVE OTHER ARRANGEMENTS IN PLACE IF CHILDCARE IS REQUIRED



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 <b>HOLIDAY</b> Labor Day	5 No Programming	6 FIRST DAY OF SCHOOL! No Programming	7 No Programming	8 No Programming	9
10	11 4:00pm-8:00pm ASP/YLP	12 Mini Pizza's Outdoor Activities YLP	13 Mini Pizza's Outdoor Activities Chalk Music ASP	14	15	16
17	18 Painting & Movie ASP	19 Nacho's BINGO! YLP	20 Nacho's BINGO! ASP	21	22	23
24	25 Apple Bird Feeders ASP	26 Apple Bird Feeders YLP	27 Karaoke & Dance Party! ASP	28 Holiday Every Child Matters	29 PD DAY	30



# Every Child Matters: Truth & Reconciliation Day Events



## Every Child Matters: Truth & Reconciliation Day **AWARENESS WALK & CEREMONY**



# Saturday, September 30


## 10:30 AM to 1:30 PM

Join us for ceremony at the Wahnapiatae First Nation Sacred Pow-Wow Grounds followed by a memorial walk to Maan Doosh Gamig for a community feast and children's activities. Everyone is welcome.



Please contact Tammy Chevrette for more information:

 [Tammy.Chevrette@wahnapiataefn.com](mailto:Tammy.Chevrette@wahnapiataefn.com)

 (705) 858-7700



# TRUTH & RECONCILIATION RELAY 2023



## How to Participate:

1. Sign up at <https://gpsrelay.indigenoussudbury.ca/>
2. Watch/read at least one resource provided on the website.
3. Read the Calls to Action and choose one that speaks to you.
4. Accumulate as many kilometers as you can by walking, running, biking, swimming, paddling, etc. between **September 1-22, 2023**

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It is estimated that **150,000** children attended residential schools in Canada. Our collective goal this year is to complete 1km per child that attended residential school.

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Registration is now open.

Closing ceremony will be held at 9am on September 28th, 2023 at Bell Park.

Members who choose to participate will receive a customized Truth & Reconciliation long-sleeve shirt.

For more information please contact:

Tammy Chevette  
705-920-9488  
[Tammy.chevette@wahnapietaefn.com](mailto:Tammy.chevette@wahnapietaefn.com)

Jessica Baillargeon  
705-858-7700  
[Jessica.baillargeon@wahnapietaefn.com](mailto:Jessica.baillargeon@wahnapietaefn.com)







# Every Child Matters: Lanyard Crafting Event

At the Family Wellness Centre

Tuesday, September 12 from 3:30 PM to 6:30 PM

Wednesday, September 20 from 3:30 PM to 6:30 PM

With pizza dinner! All materials provided!



Please contact Linda or Priscilla for more information:

📧 [linda.mhende-chitohwa@wahnapietaefn.com](mailto:linda.mhende-chitohwa@wahnapietaefn.com) OR [priscilla.parent@wahnapietaefn.com](mailto:priscilla.parent@wahnapietaefn.com)

☎ (705) 858-7700

# TIE-DYET-SHIRTS

For Every Child Matters: Truth & Reconciliation Day

At the Family Wellness Centre

Tuesday, September 19

Thursday, September 21

From 3:30 PM to 6:30 PM

From 3:30 PM to 5:30 PM

All materials provided, limited spots available.

Please RSVP to Linda by Thursday, September 14



Please contact Linda to RSVP or for more information:

📧 [linda.mhende-chitohwa@wahnapietaefn.com](mailto:linda.mhende-chitohwa@wahnapietaefn.com)

☎ (705) 858-7700







# LITTLE NHL

LITTLE NATIVE HOCKEY LEAGUE

## TYKES TEAM INFOSESSION

NRHC HEALTH CLINIC AT 190 LOONWAY RD


WEDNESDAY, SEPTEMBER 20

6:00 PM TO 7:00 PM



Please contact Shining Turtle for more information:

 [Shining.Turtle@wahnapitaefn.com](mailto:Shining.Turtle@wahnapitaefn.com)

 (705) 858-7700





Wahnapiatae First Nation 28th Annual Traditional Pow-Wow







# EARLY YEARS

## SEPTEMBER PROGRAMMING

**3:30 PM - 5:30 PM at The Gazebo**

**Thursday, September 14**

*Welcome Back Activity*

**Thursday, September 21**

*Sensory Fun Activity*

**Thursday, September 28**


*Every Child Matters Activity*

***For children ages 0-6 years. Parents/guardians must be present.***



Please contact Natalie for more information:

 [natalie.goring@wahnapiitaeFN.com](mailto:natalie.goring@wahnapiitaeFN.com)

 (705) 858-7700





# EARLY YEARS

## FALL ACTIVITY KITS

For children ages 0 to 6 years.

One kit per family.

Please contact Natalie Goring to get your kit or for more information:



[natalie.goring@wahnapiataefn.com](mailto:natalie.goring@wahnapiataefn.com)



(705)858-7700

## MOSS BAG WORKSHOP

with Michelle Irvine of Anishinabek Nation

9:30 a.m. - 4:00 p.m. at Maan Doosh Gamig

**Wednesday, September 13**

*In recognition of Fetal Alcohol Spectrum Awareness Month*

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**Please RSVP by September 1**

to Heather or Natalie by email [heather.roy@wahnapiataefn.com](mailto:heather.roy@wahnapiataefn.com),

[natalie.goring@wahnapiataefn.com](mailto:natalie.goring@wahnapiataefn.com) or by phone (705) 920-9106

10 seats available to WFN members. All materials provided.





# Prenatal Health & Child Development


*The Healthy Babies Healthy Children program is available to answer any questions you might have.*

*Drop in any time or set up a one-on-one appointment with Natalie Goring, HBHC worker.*



Please contact Natalie Goring for more information:

 [natalie.goring@wahnapitaeFN.com](mailto:natalie.goring@wahnapitaeFN.com)

 (705)858-7700



# Nutrition Bingo

**Thursday, September 21**


**5:30 PM at Maan Doosh Gamig**

**In-person only. Canteen opens at 5:00 PM.  
Prizes are the same.**



Please contact Heather to RSVP or for more information:

 [heather.roy@wahnapietaefn.com](mailto:heather.roy@wahnapietaefn.com)

 (705) 858-7700



## WAHNAPITAE FIRST NATION'S FINANCIAL FUTURE



**MEMBERS ONLY**  
**SUNDAY, OCTOBER 1**  
**11:00 AM TO 3:00 PM**  
**AT FAIRFIELD INN & SUITES**  
**490 BARRYDOWNE RD, SUDBURY**

Join WFN for a review of the Financial Administration Law (FAL) followed by a Q & A session.

This is your chance, members, to have your say about how WFN will manage and report on its finances and financial management practices. Let's think seven generations ahead and prepare for a fiscally sound future. A ratification vote on WFN's FAL will be held before the end of the year.

**RSVP TO AUSTIN BY MONDAY, SEPTEMBER 25**



[Austin.Armstrong@wahnapietaefn.com](mailto:Austin.Armstrong@wahnapietaefn.com)



(705) 858-0610



# Sexual Health **+ GAMES**

## INFOSESSION


**WEDNESDAY, SEPTEMBER 20  
1:00 PM AT MAAN DOOSH GAMIG**


RSVP TO HEATHER BY  
THURSDAY, SEPTEMBER 14

**WITH SNACKS  
& PRIZES**



Please contact Heather to RSVP or for more information:

 [heather.roy@wahnapiitaeFN.com](mailto:heather.roy@wahnapiitaeFN.com)

 (705) 858-7700



WAHNAPITAE FIRST NATION'S

# FIRST ANNUAL COMMUNITY MOOSE HUNT



## WE NEED HELP WITH:

- 2 community-based hunters to assist with the hunt
- Must provide CPIC
- Must have PAL, Hunter Safety Course and Wilderness First Aid Training (provided July 17 \* 18)
- Preparation and hunt: October 2-5, 2023
- Send letter of interest to Marilyn or Beatrice by July 12

DATE & PLACE:

## OCTOBER 3 - 5

📍 WAHNAPITAE FIRST NATION

Children ages 10+ can participate but MUST be supervised by a parent/guardian at all times. Participants will be grouped with hunters for this hunt.

**RSVP BY MONDAY,  
AUGUST 21**



Please direct any questions or  
RSVPs to:

Marilyn Nicholls  
[marilyn.nicholls@wahnapitaefn.com](mailto:marilyn.nicholls@wahnapitaefn.com)

Beatrice Debassige  
[beatrice.debassige@wahnapitaefn.com](mailto:beatrice.debassige@wahnapitaefn.com)





# TRADITIONAL CRAFT NIGHT

**MONDAY, SEPTEMBER 19  
MAAN DOOSH GAMIG  
6:30 P.M. TO 8:30 P.M.**

Join WFN's Cultural Coordinator  
Tammy for a night of crafting and  
conversation.

**RSVP to Tammy**

705-920-9488

[tammy.chevette@wahnapiataefn.com](mailto:tammy.chevette@wahnapiataefn.com)

*Minimum of 4 participants needed for event to run.*



# Honouring Generations

## FAMILY PHOTOSHOOTS

In recognition of  
National Grandparents Day  
Sunday, September 10


**FRIDAY, OCTOBER 13**  
**WFN SACRED POW-WOW GROUNDS**  
**10:00 AM TO 2:00 PM**

**PLEASE RSVP TO LINDA BY TUESDAY, OCTOBER 10**



Please contact Linda Mhende-Chitowa to RSVP or for more information:

 [Linda.Mhende-Chitowa@wahnapi'taefn.com](mailto:Linda.Mhende-Chitowa@wahnapi'taefn.com)

 (705) 858-7700



## COMPREHENSIVE COMMUNITY PLAN

Voice your opinions, concerns and wishes in a supportive and open environment. Please join us for friendly discussion and reflection about past community comprehensive plans and their relevance to current values and the future of WFN community and members.

**ENGAGEMENT SESSION**  
**Saturday, September 23**

**FOLLOWING THE AGM | INDIVIDUAL REMOTE SESSIONS AVAILABLE**

**PLEASE CONTACT AUSTIN TO SET UP A HYBRID  
APPOINTMENT OR FOR MORE INFORMATION:**



[austin.armstrong@wahnapi'taefn.com](mailto:austin.armstrong@wahnapi'taefn.com)



(705) 858-0610



# Healthy Snacks Program

Don't forget your blue bins!

**Pick-Up: Wednesday, September 6**  
**From 1:00 PM to 5:30 PM**  
**At the Family Wellness Centre**



Please contact April to RSVP or for more information:

✉ [April.Cardinal@wahnapiitaeFN.com](mailto:April.Cardinal@wahnapiitaeFN.com)

☎ (705) 858-7700

## Preservation of Hide Workshop with Brenda Lee

**Saturday, September 9 at Maan Doosh Gamig**  
**from 9:00 A.M to 3:00 P.M.**

Join us for a provided lunch and learn how to preserve your hide so it can be stored away until tanning.

**Please RSVP to Marilyn by Friday September 1<sup>st</sup>**



Please contact Marilyn to RSVP or for more information:

✉ [Marilyn.Nicholls@wahnapiitaeFN.com](mailto:Marilyn.Nicholls@wahnapiitaeFN.com) ☎ (705)858-0610



# MMIWG Sisters in Spirit Walk



**THURSDAY, SEPTEMBER 28**

**9:45 AM DEPARTING FROM WFN CENTRE OF EXCELLENCE  
TO RED DRESS MEMORIAL SITE**


*EVERYONE IS WELCOME. PLEASE BRING YOUR HAND DRUMS.*

*WOMEN ARE ENCOURAGED TO WEAR RIBBON SKIRTS.*



**Please contact Heather for more information:**

 [heather.roy@wahnapietaefn.com](mailto:heather.roy@wahnapietaefn.com)

 (705) 858-7700





# FALL SOLSTICE CEREMONY

CONDUCTED BY COMMUNITY ELDERS & SHINING TURTLE

SATURDAY, SEPTEMBER 23  
STARTING AT 7:00 AM


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WFN POW-WOW GROUNDS  
SACRED CEREMONIAL ARBOUR

PLEASE NOTE THIS EVENT IS EXCLUSIVELY FOR REGISTERED WFN MEMBERS



Please contact Shining Turtle for more information:

 [Shining.Turtle@wahnapiataefn.com](mailto:Shining.Turtle@wahnapiataefn.com)

 (705) 858-7700







# September SOUP'S ON!

**Call by 11:00 AM | Pick-Up by 12:00 PM**

Call Heather on Tuesday's to place your order:

**(705) 858-7700**




*September*  
**5, 12, 19 & 26**



Please contact Heather to RSVP or for more information:

 [heather.roy@wahnapiitaeFN.com](mailto:heather.roy@wahnapiitaeFN.com)

 (705) 858-7700



# FAMILY BINGO NIGHT

**FRIDAY, SEPTEMBER 15  
FROM 5:30 PM TO 7:30 PM  
AT MAAN DOOSH GAMIG**



**JACKPOT!  
NINTENDO SWITCH**

**PLEASE RSVP TO HEATHER OR NATALIE BY SUNDAY, SEPTEMBER 10**



Please contact Heather to RSVP or for more information:

 [Heather.Roy@wahnapitaefn.com](mailto:Heather.Roy@wahnapitaefn.com)

 [Natalie.Goring@wahnapitaefn.com](mailto:Natalie.Goring@wahnapitaefn.com)

 (705) 858-7700





**Wednesday, September 20**  
Bring your bags for pick up at the  
Centre of Excellence from 4:00 PM to 6:00 PM  
Please RSVP to Rochelle or Line by  
**Wednesday, September 13**



Please contact Rochelle to RSVP or for more information:

- [Rochelle.Tyson@wahnapitaefn.com](mailto:Rochelle.Tyson@wahnapitaefn.com)
- [Line.Baillargeon@wahnapitaefn.com](mailto:Line.Baillargeon@wahnapitaefn.com)
- (705) 858-7700

# Blueberry Muffin Baking Bash

**Tuesday, September 26**  
at the Family Wellness Centre  
from 3:30 PM to 6:30 PM

Please RSVP to Linda by Friday, September 22.

Only 5 spots available. Please bring your own take-home containers.  
All ingredients and materials provided (even snacks!).



Please contact Linda to RSVP or for more information:

- [linda.mhende-chitohwa@wahnapitaefn.com](mailto:linda.mhende-chitohwa@wahnapitaefn.com)
- (705) 858-7700



# GOOD FOOD BOX

## SEPTEMBER

ORDER: THURSDAY, SEPTEMBER 7  
PICK-UP: THURSDAY, SEPTEMBER 14

## OCTOBER

ORDER: THURSDAY, OCTOBER 5  
PICK-UP: THURSDAY, OCTOBER 12

## NOVEMBER

ORDER: THURSDAY, NOVEMBER 2  
PICK-UP: THURSDAY, NOVEMBER 9

**SMALL BOX \$10**

**LARGE BOX \$19**



Please contact Heather to RSVP  
✉ [Heather.Roy@wahnapitaeFN.com](mailto:Heather.Roy@wahnapitaeFN.com)  
☎ (705) 858-7700





# CONGREGATE DINING

ELDERS 55+

*Delivery Only*

**THURSDAY, SEPTEMBER 7  
BETWEEN 5 P.M. - 6 P.M.**

*Please RSVP by Tuesday, September 5*

**THURSDAY, OCTOBER 5  
BETWEEN 5 P.M. - 6 P.M.**

*Please RSVP by Tuesday, October 3*

**CALL HEATHER TO RESERVE YOUR MEAL:  
(705) 858-7700**



# Senior Activity kits

**OCTOBER DELIVERY**

## Kit #3: Leather Rattle

Sign up with Heather by Thursday, September 14

September Dream Catcher Kits will be delivered on September 14

\*Must be signed up to receive an activity kit.



Please contact Heather to RSVP or for more information:

✉ [heather.roy@wahnapiataefn.com](mailto:heather.roy@wahnapiataefn.com)

☎ (705) 858-7700



# MEN'S SUPPORT CIRCLE

**THURSDAY, SEPTEMBER 28**  
NRHC HEALTH CLINIC AT 190 LOONWAY RD  
FROM 6:00 PM TO 8:00 PM

SNACKS AND DRINKS PROVIDED.



Please contact Bradley for more information:

✉ [Bradley.Steele@wahnapiataefn.com](mailto:Bradley.Steele@wahnapiataefn.com)

☎ (705) 858-7700



# ENTREPRENEURSHIP TRAINING FOR INDIGENOUS WOMEN

Keepers of the Circle is offering two 8-week long online trainings for Indigenous women and gender-diverse people.



**Intro to Entrepreneurship**  
Mondays and Wednesdays  
6:30pm - 8:30pm



**Intermediate Entrepreneurship**  
Tuesdays and Thursdays  
6:30pm - 8:30pm



## PROGRAM HIGHLIGHTS

### INTRO

- 💡 The Entrepreneurial Journey
- 💡 Crafting Your Vision Statement
- 💡 Exploring Business Models
- 💡 Storytelling and Your Business

### INTERMEDIATE

- 💡 Marketing Strategy
- 💡 Operations and Supply Chain
- 💡 Networking
- 💡 Cashflow Forecasting


## HOW TO SIGN UP

Scan the QR Code to sign up for the Intro to Entrepreneurship or Intermediate Entrepreneurship Training:



Questions? Email

[training@keepersofthecircle.com](mailto:training@keepersofthecircle.com)

 [www.keepersofthecircle.com](http://www.keepersofthecircle.com)

 [KeepersoftheCircleMainPage](#)







# REGISTER NOW!

Sept. 2023 Secondary School  
Fall Course

## Ojibwe Level A

On-line course

This is an accredited course with the  
KEB Virtual Secondary School

**Connect with your school  
guidance council office or follow  
the link to register!**

<https://forms.office.com/r/26WnYscWFp>

REGISTRATION September 2023  
Level A Ojibwe Online Course



**Open to Gr. 9 to Gr. 12  
students.**

Contact [nancy.o'donnell@a-e-s.ca](mailto:nancy.o'donnell@a-e-s.ca) for more information.



# 2nd annual Vale women in trades, mining & friends social

Come discover (or re-discover) which careers in trades Vale has to offer you!

## About this event

Vale, as a company, has taken many steps in the last few years to prioritize diversity and inclusiveness in our operations. Come find out for yourself all the new and exciting things we've been doing to make this industry one for everyone!

## What to expect?

- Panel discussion featuring women in trades, miners, trainers, leaders and technical personnel
- Booth displays from local organizations and groups
- Showcasing PPE available from local vendors, specifically designed with Women in mind
- Networking mixer with industry professionals (Light refreshments will be served)



Please scan this QR code to register for this event.

Or visit: <https://cutt.ly/5wISZHJmbitly>



Join Us:  
**September 14<sup>th</sup>, 2023**  
5:30–8:30 pm

**Dynamic Earth**  
122 Big Nickel Rd.  
Greater Sudbury, ON





# Wahnapi'tae First Nation Community Events Calendar • September 2023



Please be sure to use this calendar as your official reminder for these events to help in planning the month ahead.  
For information including RSVP dates please refer to the event flyer's within the newsletter for a contact phone number or staff email.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	•Soup's ON! •Back2School Movie •Chief & Council Regular Meeting	•HIV/Hep-C Infosession	•Medicine Bag Workshop •Declutter Initiative	<b>CLOSED</b>	2
3	<b>CLOSED</b>  <i>Labour Day</i>	•Soup's ON! •Congregate Dining Order Deadline	•Feast Bundle Workshop •Healthy Snacks Pick-Up  <i>FIRST DAY OF SCHOOL</i>	•Good Food Box Order Deadline •Congregate Dining •Moose Hunt Ceremony	<b>CLOSED</b>	•Preservation of Hide Workshop  <i>International FASD Awareness Day</i>
10  <i>Suicide Prevention Day National Grandparents Day</i>	11	•Soup's ON! •Lanyard Beading Workshop (ECM/TRD)	•FASD Moss Bag Workshop	•Early Years •Senior Activity Kit •Good Food Box Order Pick-Up	<b>CLOSED</b> •Family Bingo Night •Comprehensive Community Plan (CCP) Survey Deadline	16
17	18	•Soup's ON! •Tie-Dye T-Shirts (ECM/TRD) •Traditional Craft Night	•Lanyard Beading Workshop (ECM/TRD) •Sexual Health Presentation •Healthy Recipe of the Month •LNHL Infosession	•Early Years •Tie-Dye T-Shirts (ECM/TRD) •Nutrition Bingo	<b>CLOSED</b> •WFN/INO Scholarship Deadline	•Fall Solstice Ceremony •Annual General Membership Meeting •CCP Engagement Session
24	25	•Soup's ON! •Muffin Baking Bash  •Chief & Council Regular Meeting	27	•Early Years •MMIWG: Sisters in Spirit Vigil Walk •Men's Support Circle •GSPS Relay (ECM/TRD)  <i>Every Child Matters Day</i>	<b>CLOSED</b>   <i>PD DAY NO SCHOOL</i>	•Every Child Matters: Truth & Reconciliation Day Awareness Walk & Ceremony (ECM/TRD)
• CCP Engagement Session	<b>CLOSED</b>	•Soup's ON! •Congregate Dining Order Deadline	4	•Good Food Box Order Deadline •Congregate Dining	<b>CLOSED</b>	7
<b>First Annual Community Moose Hunt</b>						

September Awareness: Acne Awareness Month, Arthritis Awareness Month, Charcot-Marie-Tooth (CMT) Awareness Month, Childhood Cancer Awareness Month, Fetal Alcohol Spectrum Disorder (FASD) Awareness Month, International Pain Awareness Month, Ovarian Cancer Awareness Month, Prostate Cancer Awareness Month, Pulmonary Fibrosis Awareness Month, World Alzheimer's Month, Sickle Cell Awareness Month