



Wahnapiatae First Nation Community Newsletter

Inside this issue:

March 2023

P6: Health Workshops



Check out our new health workshops, focused on COPD and cancer screening.

P13: HCHB Drop In



HBHC Worker Natalie is hosting a drop-in to answer your prenatal questions.

P14: Cyber Safety



Youth Leadership is having a cyber safety bingo night.

P19: Family Bingo Night



Come out to our family bingo night. Jackpot is a 50" TV!



A Message to Members

March is here, and with that we have made it through the harsher parts of winter. As spring gets closer, we may feel the calling to awaken with it. Whether that may be going out into nature, or participating in workshops, we will all start to feel the calling to gather again.

With that, I encourage you to look through this newsletter for the many events and opportunities that Wahnapiatae First Nation has available for members, both in person and online. If you've already participated in a meeting or workshop in recent weeks, I'd like to thank you for coming out. It is greatly appreciated; miigwetch.

It's also something to keep in mind as we all start to take time for ourselves again during the coming March Break. Our little ones will be out of school, so be cautious when out and about in the community. Drive carefully, and keep your eyes open to help make sure this is a safe and fun break for our most vulnerable members.

The slow changing of the seasons also means the weather should be warming, and with that, changing ice conditions. Please be careful when out on the water: take all necessary precautions, and be sure to let someone know of your location and when to expect you home.

Finally, I wish to congratulate Hiawatha on the historic grand opening of her restaurant, Hiawatha's Restaurant & Marina, located on the former site of Rocky's. Wahnapiatae First Nation is very proud and wishes you the best for you and your business.

Miigewtch,
Chief Larry Roque

COMMUNITY PARTNERS



HOUSING COMMITTEE VOLUNTEER CALLOUT

The Wahnapiatae First Nation Housing Committee is dedicated to improving the quality of life for all Wahnapiatae First Nation members by demonstrating respect, fairness and honesty in all decision making.

This committee will:

- Be responsible for assessing the housing needs of the community and develop strategies to address them.
- Provide guidance and advice to the housing program administration, this may involve providing information on related policies and service delivery.
- Responsible for facilitating community engagement around any housing issues this may involve organizing public meetings to gather input from community members and outreaching to ensure that diverse perspectives are represented.

TO BECOME A COMMITTEE MEMBER, YOU MUST:

- Be a member of WFN.
- Be committed and available to participate in the housing committee meetings.
- Be at least eighteen (18) years of age.
- Be knowledgeable of community issues.
- Be able to work in a team environment.
- Be ethically and morally responsible.
- Be willing to comply with the terms of reference by signing a waiver.

FOR MORE INFORMATION, CONTACT TERRY
705-858-0610 | HOUSINGCOORDINATOR@WAHNAPIATAEFN.COM

The Wahnapiatae First Nation Community Newsletter is published the 1st Wednesday of every month.

Wahnapiatae First Nation
259 Taighwenini Trail Road
Capreol, Ontario | P0M 1H0

Phone: (705) 858-0610
Fax: (705) 858-5570

Stay Connected

For the most up-to-date information and updates about Wahnapiatae First Nation, including safety measures, check us out online as below:



WEBSITE: www.wahnapiataefirstnation.com



MAIN PAGE: www.fb.me/wahnapiataefirstnation



YOUTH PAGE: www.fb.me/WFNYouthPage



Chief and Council Regular Meeting

Thursday, March 30, 2023

6 P.M.

In-person and via Zoom

Members wishing to attend via Zoom must register at:

https://cutt.ly/WFN_CouncilMeeting_March2023

The deadline to register for the web version is March 23, 2023.

No registration is required for those wishing to attend in person.

Registration only open to WFN members, who must also be over the age of 18. Virtual attendees must use their real names when signing in.

COMMUNITY NOTICES



COMMUNITY ENERGY PLAN



WHAT IS IT?

- Energy plans look at a community's current and future energy use.
- They explore options to reduce utility bills and ways to locally produce energy sustainably.
- Energy plans can reduce greenhouse gas emissions.

PROJECT DETAILS

- Project started in January 2023 and will end in July 2023.
- Key tasks
 - Energy and Emissions Baseline
 - Assessment of Clean Energy Opportunities
 - Assessment of Energy Management Opportunities
- WFN is working with **Urban Systems** to complete the work.

HOW CAN YOU GET INVOLVED?

Community engagement in late April.

More details to come!



ENERGY AND EMISSIONS BASELINE



WHY IS IT IMPORTANT?

1. Measures energy use and emissions produced in a specific time period (2022).
2. Helps set targets, identify areas of improvement, and monitor progress.
3. Provides the basis to understand future energy use and recommendations

HOW CAN YOU HELP OUT?

If you live on-reserve, share your invoices or account summaries for Hydro One and/or propane for the last 12 months by March 15th.

Be entered into a raffle for a \$25 Amazon Gift Card!

WHAT DO YOU NEED TO KNOW?

- All information is kept confidential. Your participation will help identify opportunities to lower utility bills.
- Provide invoices and account summaries to Robin Gagne (Urban Systems)
rgagne@urbansystems.ca

COMMUNITY EVENTS

SHARING WOMEN'S CIRCLE

WITH TAMMY CHEVRETTE

NEXT SESSION

MARCH

TUESDAY, MARCH 21
6:30 TO 8:30 P.M.
MAAN DOOSH GAMIG

Light refreshments provided

Each month will focus around a different activity during circle.

QUESTIONS? CONTACT
TAMMY.CHEVRETTE@WAHNAPITAEFN.COM
705-920-9488

SHARING
MEN'S
CIRCLE

WITH BRAD STEELE

NEXT SESSION

MARCH

THURSDAY, MARCH 23

6:30 TO 8:30 P.M.

MAAN DOOSH GAMIG

Light refreshments provided

QUESTIONS? CONTACT
BRADLEY.STEELE@WAHNAPITAEFN.COM



COPD WORKSHOP

LEAD BY NURSE JENNA AND JASMINE

MARCH 29, 2023

1 P.M. TO 3:30 P.M.

MAAN DOOSH GAMIG

Come join us to learn more about
Chronic Obstructive Pulmonary Disease and share
your experiences,
followed by a beading workshop after the
presentation.

THERE WILL BE REFRESHMENTS AND A DOOR PRIZE.

BROUGHT TO YOU BY WELLNESS WEDNESDAYS

Women's **CANCER SCREENING**



SAVE THE DATE

A date and time will be announced for mammograms/cancer screening at HSN.

The Community Health Nurse is organizing a women's cancer screening day for the community. The Health Bus will transport members to and from HSN where they will have their mammograms followed by lunch afterwards.

IF INTERESTED CONTACT JENNA BY MARCH 6
jenna.hammond@wahnapietaefn.com

705-858-7700



LANDS DEPARTMENT



LAND CODE DEVELOPMENT

COMMITTEE MEETINGS

@ MAAN DOOSH GAMIG

MARCH 7 AT 6 P.M.

MARCH 28 AT 6 P.M.

COMMUNITY CONSULTATION

SUDBURY (LOCATION TO BE ANNOUNCED)

MARCH 25, 10 A.M. TO 12 P.M.

CONTACT SAM FOR MORE INFORMATION
SAM.CORBIERE@WAHNAPITAEFN.COM

EDUCATION DEPARTMENT

Post-Secondary Scholarship Available for On-Reserve Members

Gluckstein Personal Injury Lawyers are preparing a scholarship program for secondary school students to assist with post-secondary education in the amount of \$1,000.

This scholarship program will be open to all Indigenous students who reside on a reservation in Ontario, and who are presently enrolled full-time in a secondary school program. There is a maximum of two student applications from each school.

The candidates for this scholarship must hold status, and be a secondary school student intending to begin university/college the following academic year.

The application process to be eligible for this scholarship includes the following:

1. Full-time registration and attendance in a secondary school program in the 2022/2023 academic year;
2. Indigenous status in accordance with the federal laws of Canada;
3. Proof of age (candidates must be 21 years of age or younger);
4. Copy of current academic transcripts and one year prior to application date;
5. Detailed listing of extracurricular and community activities engaged in the year of the application;
6. Preparation of an essay to describe the academic future which the student wishes to engage and why the student believes that they should be considered for this scholarship; and
7. Written reference letter from a teacher/guidance counselor or principal of the secondary school attended by the candidate.

The deadline to submit applications for this scholarship is March 24, 2023.

**For more information on how to apply,
contact Marilyn Nicholls:**

705-858-0610

or

marilyn.nicholls@wahnapietfn.com

EDUCATION DEPARTMENT

WFN PRESENTS:

**AFTER SCHOOL
TUTORING**

**REGISTRATION
DAY**



HOSTED BY:

**ANISHINABEK STUDENT
SUPPORT COUNSELLOR
JAMIE MCDONALD**

WHEN?

THURSDAY

**MARCH
9TH**

WHERE?

THE GAZEBO

TIME?

3:30PM - 05:30PM

**AFTER SCHOOL TUTORING REGISTRATION
ORIENTATION FOR GRADES JK-8
SNACKS & DRINKS PROVIDED**



HEALTHY BABIES HEALTHY CHILDREN



Prenatal Health & Child Development

March 15, 2023
1 P.M. to 3 P.M.
Maan Doosh Gamig

The Healthy Babies Healthy Children program is available to answer your questions.

Drop in anytime during our information session with Natalie Goring, HBHC Worker.

For questions contact
Natalie.goring@wahnapiitaefn.com
705-858-7700

YOUTH PROGRAMS

CYBER SAFETY WORKSHOP

with Youth Leadership

March 21, 2023
3:30 P.M. to 5:30 P.M.
Gazebo

Join Heather, our Community Wellness Worker, and Bradley, our Mental Health and Addictions Counsellor, for a workshop on cyber safety followed by bingo.

PIZZA
SUPPER
PROVIDED



Early Years Program Anishinaabemowin Kit

March 2023

Would you like to learn a little bit of Anishinaabemowin?

Natalie Goring (HBHC) has prepared a kit containing a language booklet, with videos/links to help, on Facebook (search Nat HBHC).

PERFECT FOR BEGINNERS!

Hello

Aanii

Bonjour

Registration deadline:
March 28

to
natalie.goring@wahnapietaefn.com

Natalie will contact all pre-registered participants when the kits are ready.

BLUECHEESE'S



RECIPE OF THE MONTH
CLUB FOR KIDS

BlueCheese is back!
If you would like a recipe for the month of April, please contact Natalie.

Registration deadline is
March 27, 2023

Natalie Goring at
natalie.goring@wahnapietaefn.com

EARLY YEARS

EARLY YEARS ACTIVITY KIT (0 TO 6 YEARS)



March

Naabidin – Snow Crust Moon

April

Baakawaagami Giizis; Zisbaakwadoke Giizis – Broken Snowshoe Moon
and Sugaring Moon

For the March and April Kits

Please contact Natalie Goring at 705-858-7700

natalie.goring@wahnapitaefn.com.

Each activity kit contains 3 to 4 activities

EARLY YEARS SCHEDULE

AT THE GAZEBO
PARENTS/GUARDIANS MUST BE PRESENT

MONDAY MARCH 6 3:30-5:30 P.M.

MONDAY MARCH 20 3:30-5:30 P.M.

MONDAY MARCH 27 3:30-5:30 P.M.

FOR MORE INFORMATION

PLEASE CONTACT NATALIE GORING AT
NATALIE.GORING@WAHNAPITAEFN.COM.

COMMUNITY PARTNERS



We are hiring!

Encourage friends and family to register for career alerts on www.glencore.com/careers

We are currently recruiting for the following roles:

Maintenance Planner – Fixed Plant
Maintenance Planner – Mobile
Millwright
Heavy Duty Equipment Mechanics
Electrician
Welder
Smelter Shift Supervisor
Process Engineer
Senior Mechanical Engineer
Mine Engineering – Co-op Placement
Mine Shift Boss
Maintenance Superintendent
Electrical Supervisor
Projects Control Manager
Safety Compliance Coordinator
Safety Specialist
Warehouse Coordinator

For additional information, please contact:

Christina.Leader@glencore.ca or 705 693 2761, #3154 – OCT and Staff Recruitment
Danielle.Stewart@glencore.ca or 705 693 2761, #3151 – Trades, Labourers and Staff Recruitment



Updated February 10, 2023

COMMUNITY PARTNERS

N'Swakamok Native Friendship Centre Celebrates



GOLDEN ANNIVERSARY GALA

Saturday, May 13, 2023

SteelWorker's Hall

Tickets

\$75/person

\$600/table of 8

Doors open 4:30 pm

Opening Ceremony 5:30 pm

Dinner 6:00pm

Entertainment 7:00 pm



SUDBURY
INTEGRATED NICKEL
OPERATIONS
A GLENCORE COMPANY

RESOURCE DEVELOPMENT AGREEMENT SIGNING

SATURDAY, MARCH 11

10 A.M. to 1 P.M.
Maan Doosh Gamig
Lunch included

Join Chief Roque and Council as WFN celebrates the signing of a new Resource Development Agreement between WFN and Glencore INO with Glencore VP Peter Xavier.

Opening Prayer and Smudge by Elder Tony Tyson
Performance by WFN Boys Drum Group

COMMUNITY EVENTS

PROBLEM GAMBLING PRESENTATION & PAINT SOCIAL WITH BRAD STEELE

Thursday, March 9 2023

6 P.M. to 8 P.M.

Maan Doosh Gamig

This workshop will focus on the harms, types, and signs of problem gambling. Following the workshop will be a paint night led by Brad Steele and Heather Roy. Brought to you by WFN's Community Wellness Program.

Supper provided.



Register by March 6

If interested, please contact Heather Roy at

Email: heather.roy@wahnapitaefn.com

Phone: 705-858-7700



Family Bingo Night

March 31

5:30 - 7:30 P.M.

Maan Doosh Gamig

JACKPOT IS A 50" TV

RSVP by March 20

Heather Roy

heather.roy@wahnapitaefn.com | 705-858-7700

Natalie Goring

nataliegoring@wahnapitaefn.com | 705-858-7700

COMMUNITY EVENTS



cooking with Nokomis

Saturday April 29
11 A.M. to 1 P.M.
Maan Doosh Gamig

We will be making homemade moose hamburgers and Strawberry and spinach salad.

This workshop will also include a 13 moons teaching by Natalie.

RSVP to Heather
705-858-7700

WFN ELDERS 55+

LET'S GET SOCIAL!

ELDERS 55+ ONLY

Come drop-in to have some tea and coffee, play cards or games and socialize.

For more information, contact Heather at 705-858-7700 or heather.roy@wahnapitaefn.com



MONDAYS
1 TO 3 PM
MAAN DOOSH
GAMIG

MOVEMENT MONDAYS

WITH HEATHER & JENNA
11 A.M. TO 12 P.M.
MARCH 6, 13, 20 & 27

LOOKING TO GET MOVING AND ADD SOME
EXERCISE INTO YOUR DAILY ROUTINE?

Join us in
Maan Doosh Gamig

COMMUNITY EVENTS



WEDNESDAY, MARCH 15
4 P.M. - 6 P.M.

RECIPE: CHICKEN NOODLE SOUP

Please let Rochelle or Line know by **March 8**, if you will be participating this month to reserve your kit.

PICK-UP: 259 TAIGHWENINI TRAIL RD
BRING YOUR OWN BAGS!

Small Box: \$10 | Large Box: \$19

GOOD FOOD BOX

CALL HEATHER TO ORDER:
(705) 858-7700

MARCH 2023
ORDER: MARCH 2
DELIVERY: MARCH 9

CONGREGATE DINING

ELDERS 55+

THURSDAY, MARCH 2
BETWEEN 5 P.M. - 6 P.M.
in-person and delivery available

To join us in person, RSVP by March 1
CALL HEATHER TO RESERVE YOUR MEAL: (705) 858-7700

COMMUNITY EVENTS

MARCH SOUP'S ON!



March 7, 14, 21

Call by 11 A.M. | Pick up by 12 P.M.
Call Heather to place order:
(705) 858-7700

NUTRITION BINGO



Thursday, March 16
5:30 P.M.

In-person and Zoom

Prizes are the same. Cards will be bagged for pickup. Payment due on pickup.

Call Heather to reserve your spot:

(705) 858-7700



Small Box: \$10 | Large Box: \$19

GOOD FOOD BOX

CALL HEATHER TO ORDER:
(705) 858-7700

APRIL 2023
ORDER: APRIL 6
DELIVERY: APRIL 13

CONGREGATE DINING

ELDERS 55+

THURSDAY, APRIL 6
BETWEEN 5 P.M. - 6 P.M.
in-person and delivery available

To join us in person, RSVP by April 1
CALL HEATHER TO RESERVE YOUR MEAL: (705) 858-7700

WFN EVENT CALENDAR - MARCH 2023

Please be sure to use this calendar as your official reminder for these events to help plan your month.

SUN	MON	TUE	WED	THURS	FRI	SAT
			1	2 GFB Order Congregate Dining	3 CLOSED	4
5	6 Movement Monday Elders Social	7 Land Code Soup's On	8	9 Problem Gambling GFB Pick Up After School Tutor	10 CLOSED	11 WFN- Glencore Agreement Signing
12	13 Movement Monday Elders Social	14 Soup's On	15 HBHC Drop in HROTM	16 Nutrition Bingo	17 CLOSED	18
19	20 Movement Monday Elders Social	21 Cyber Safety Youth Bingo Soup's On Women's Circle	22	23 Men's Circle	24 CLOSED	25 Land Code
26	27 Movement Monday Elders Social	28 Land Code	29 COPD Workshop	30	31 CLOSED Family Bingo	

Sue Chartrand will be here for footcare and massages per the calendar. If interested, contact Line @ 705-858-7700 ext 218.